



## Technical Assistance Exchange August 8, 2012

A weekly update for Aging & Disability Resource Centers, Community Living Programs, Alzheimer's Disease Supportive Services Programs, Veteran Directed Home and Community Based Service Program and their Partners

Contact us with questions about this newsletter: [adrc-tae@lewin.com](mailto:adrc-tae@lewin.com) or 703.269.5574

Please visit the [ADRC-TAE Website](#) for a text version of this newsletter.

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### Funding Opportunity from InnoCentive and AARP Foundation

[InnoCentive, Inc.](#) has announced collaboration with the [AARP Foundation](#) to help improve the lives of millions of older Americans who struggle to meet their basic needs for nutritious food, safe and affordable housing, adequate income, and personal connections.

### Contact Us!

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### Learning Symposium Agenda

NASUAD will be hosting ACL grantees for a Learning Symposium on **September 10th, 2012**, the day before their National Home and Community Based Services Conference begins. The Learning Symposium is designed for state and program staff involved in ADRC, Options Counseling Standards, Evidence-Based Care Transitions, Systems Integration, Alzheimer's Disease Supportive Services Programs, and Lifespan Respite programs and grantees may use funds they budgeted for National

As part of the alliance, InnoCentive Inc. and the AARP Foundation have launched the [AARP Foundation-InnoCentive Challenge Series](#), which features two initial challenges aligned with the AARP Foundation's [Drive to End Hunger](#) program to reduce older Americans' vulnerability to food insecurity.

1) The Drive to End Hunger - Sustainable Solutions Challenge seeks ideas for long-term, sustainable solutions that prevent food insecurity from happening in the first place or that reduce an older adult's vulnerability to food insecurity in a significant way.

2) The Drive to End Hunger - the Elimination of Food Deserts Challenge seeks ideas for reducing or eliminating "food deserts." A food desert is defined as a "low-income census tract where a substantial number or share of residents has low access to a supermarket or large grocery store."

[Further information and RFP](#) can be found at the InnoCentive website.

### Utah ADRC Sponsored Survey: Accessing and Applying for Veterans' Services and Benefits

The Utah ADRC kindly requests your participation in an [Online](#)

Meetings to attend. An updated [Draft Learning Symposium Agenda](#) is now available for grantees to consult as they make travel arrangements. A more detailed agenda will be released in the near future.

\*See [Upcoming Conferences](#) for more information

\*[Register Here](#)

[Survey](#) for ADRCs, CILs, and AAAs. The Survey is on accessing and applying for Veterans' services and benefits and was developed with support from the Veterans Rural Health Resource Center - Western Region. The survey serves as the basis for a needs assessment that will direct the development of educational materials to support agencies in more effectively advocating for veterans and their families. The Utah ADRC and Veterans Rural Health Resource Center would appreciate your help in making this a successful endeavor.

## **NASUAD's New Online Training Modules offer Social Work CEUs**

NASUAD is happy to announce the addition of seven new free [Online Training Modules](#). Social Work Continuing Education Units (CEUs) are available for five of the 11 online courses (each course providing 2 CEUs and costing \$50).

Courses offering CEUs (indicated in red on the website) are:

1. I&R/A Services and the Aging Network
2. Introduction to the Independent Living Movement
3. Developing Cultural Competence to Serve a Diverse Aging Population
4. Essential Components of the Aging I&R/A Process
5. Key Programs and Services for Older Adults

You must log in to take the courses. Once you are logged in, you can access [More Detailed Instructions for Obtaining CEUs](#).

If you have already passed the above courses, you must retake the quizzes then follow the instructions at the end of the quiz to complete the course evaluation and pay for the CEUs in order to obtain Social Work CEUs.

## **New Resource**



The Centers for Medicare & Medicaid Services (CMS) is pleased to announce the availability of two new resources on Medicaid managed long-term services and supports (MLTSS) to support states and other partners in enhancing the quality of these services. The new resources are a [2012 MLTSS Environmental Scan](#) and an [Online Web Resource](#). Further information regarding the resources can be found on the [Informational Bulletin](#).

## **Upcoming Events**

**1) President's Committee for People with Intellectual Disabilities (PCPID) Conference Call**

[The President's Committee for People with Intellectual Disabilities](#) invites you to participate in its next conference call. The agenda includes the swearing-in of PCPID re-appointees.

**\*Thursday, August 9, 2012, 11:30 AM - 2:30 PM ET**

**\*Dial-in: 888-989-0724 (Code: 16667)**

## **2) Easter Seals Project Action Webinar: Transportation and Taxi Voucher Programs: Creating Flexible Options for People with Disabilities**

Community transportation voucher programs offer riders a potential range of mobility options for access to destinations. Additionally, communities around the country have recognized the importance of taxi transportation and have worked to implement voucher programs, supporting many individuals to use taxis for vital employment, health-related, and community trips. This webinar will explain the workings of community transportation voucher programs, such as the major players and stakeholders required to help start a program, the operational and policy considerations that must be examined and marketing strategies that can be used to maximize the program's impacts.

**\*Wednesday, August 15, 2012, 2:00-3:30 PM ET**

**\*Register by August 13**

By email [registration@easterseals.com](mailto:registration@easterseals.com)

Call 800-659-6428 or TTY at 202-347-7385

## **3) American Society on Aging Webinar: How to Balance Work and At-Home Care**

Balancing work and in-home care can be challenging, but this webinar will offer invaluable advice for anyone caring for an older adult, be it a parent, other relative or friend. This webinar is a part of the American Society on Aging Family Caregiver Support Series, sponsored by Home Instead Senior Care. The information presented will offer tools to use in caregiving, at work, and for yourself in order to help you find balance in your life. Participants in this web seminar will:

- Learn to identify the signs that indicate poor work-life balance
- Gain tips and strategies to help ease caregiving duties and improve self-care
- Find out about employer programs and alternative work options
- Earn one hour of \*free\* continuing education credit by attending the event and completing a CEU survey

**\*Wednesday, August 15, 2012-08-02, 1:00 PM ET**

**\*[Register Here](#)**

#### 4) NASUAD, National Home and Community Based Services Conference

Please join NASUAD for the National Home and Community Based Services Conference, which will showcase innovative national, federal, state and local delivery and policy developments vital for assuring Americans of all ages and abilities receive the highest quality community living supports, care, and services possible. Federal, state and local leaders, advocates, and champions for children, older adults, and individuals with disabilities from across the nation are invited to attend the conference. NASUAD will also host the September 10th Learning Symposium. It is designed for state and program staff involved in ADRC, Options Counseling Standards, Evidence-Based Care Transitions, Systems Integration, Alzheimer's Disease Supportive Services Programs, and Lifespan Respite programs and grantees may use funds they budgeted for National Meetings to attend. An updated [Draft Learning Symposium Agenda](#) is now available for grantees to consult as they make travel arrangements.

\*September 11 -13, 2012

\*Crystal City, Arlington, VA

\*[More Information](#)

\*[Register Here](#)

### TAE Update of the Week:

Overwhelmed by all the resources on the [New Resources](#) page? Did you know that you can sort them using the circle icons? Simply click the circle matching what you're interested in, and only resources in that category will appear. Some of these categories are: Key Resources, TAE Created Resources, and VDHCBs Resources.

Contact us anytime at [adrc-tae@lewin.com](mailto:adrc-tae@lewin.com) for website support.